

Keep Handy Travel Essentials

A one-page checklist for the items to keep in your carry-on, personal bag, or easy-access pocket on travel day.

DOCUMENTS + MONEY

- ☐ Passport and IDs
- ☐ Boarding passes
- ☐ Hotel or cruise confirmations
- ☐ Travel insurance details
- ☐ Cards plus small cash

HEALTH

- ☐ Prescription medication
- ☐ Glasses or contacts
- ☐ Motion sickness items
- ☐ Basic pain reliever
- ☐ Hand sanitizer and wipes

IN FLIGHT

- ☐ Headphones
- ☐ Portable charger
- ☐ Snacks
- ☐ Reusable water bottle
- ☐ Light sweater or scarf

ARRIVAL DAY

- ☐ First-day outfit
- ☐ Swimsuit for resort arrivals
- ☐ Toothbrush, toothpaste, and deodorant
- ☐ Kids' comfort item
- ☐ Transfer instructions

TOILETRIES

- ☐ Hairbrush or comb
- ☐ Face wipes or skincare
- ☐ Contact lens supplies
- ☐ Lip balm
- ☐ Travel-size liquids bag

PHONE READY

- ☐ Roaming or eSIM plan
- ☐ Offline confirmations
- ☐ Emergency contacts
- ☐ Maps saved offline
- ☐ Photos of passports

DO NOT CHECK

- ☐ Medication
- ☐ Valuables
- ☐ Travel documents
- ☐ Keys
- ☐ Anything needed in the first 24 hours