

Cold Climate Packing List

A one-page checklist for winter trips, ski getaways, Christmas markets, Alaska, Northern Europe, and chilly city breaks.

DOCUMENTS

- ☐ Passport and IDs
- ☐ Booking confirmations
- ☐ Insurance and emergency contacts
- ☐ Driver's licence if renting a car
- ☐ Copies saved offline

LAYERS

- ☐ Thermal base layers
- ☐ Sweaters or fleece
- ☐ Warm pants or leggings
- ☐ Extra socks
- ☐ Sleepwear for colder rooms

OUTERWEAR

- ☐ Warm coat
- ☐ Hat or toque
- ☐ Gloves or mittens
- ☐ Scarf or neck warmer
- ☐ Rain shell if weather is mixed

FOOTWEAR

- ☐ Comfortable walking boots
- ☐ Waterproof shoes if needed
- ☐ Warm socks
- ☐ Indoor shoes or slippers
- ☐ Blister care

HEALTH + COMFORT

- ☐ Prescription medication in carry-on
- ☐ Moisturizer and lip balm
- ☐ Hand warmers
- ☐ Reusable water bottle
- ☐ Small first-aid kit

TOILETRIES

- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Hairbrush or comb
- ☐ Face wash and skincare
- ☐ Razor, hair ties, and personal items

TECH

- ☐ Phone and charger
- ☐ Portable battery
- ☐ Outlet adapter
- ☐ eSIM or roaming plan
- ☐ Weather app and offline maps